Edgar Filing: TRULSVIK NILS N - Form 4

TRULSVIK	I NILS N						
Form 4							
April 01, 20	05						
FORM	ORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION					OMB APPROVAL	
	UNITED		RITIES AND EXCHANGE C ushington, D.C. 20549	OMMISSION	OMB Number:	3235-0287	
Check th if no lon subject t Section Form 4 d	ger STATEN 16.	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES					
Form 5 obligation may con <i>See</i> Instr 1(b). (Print or Type	ns Section 17(ruction	a) of the Public U	16(a) of the Securities Exchange Itility Holding Company Act of nvestment Company Act of 194	1935 or Section	response	0.5	
(I IIII OF I JPC	itesponses)						
1. Name and Address of Reporting Perso TRULSVIK NILS N		Person <u>*</u> 2. Issue Symbol	er Name and Ticker or Trading	5. Relationship of Reporting Person(s) to Issuer			
		CANA	RGO ENERGY CORP [CNR]	(Check	all applicable)	
(Last)	(First) (N		of Earliest Transaction				
NESBRU		(Month/) 03/30/2	Day/Year) 2005	X_ Director Officer (give to below)		Owner r (specify	
			endment, Date Original onth/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
NORWAY	1394			Form filed by Mo Person			
(City)	(State)	(Zip) Tab	le I - Non-Derivative Securities Acq	uired, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired (A Transaction Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or	Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock, par value \$0.10 per	03/30/2005		Code V Amount (D) Price S 250,000 D \$ 1.266	92 450	D		
share (1)							

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercis Expiration Dat (Month/Day/Y	e	7. Title and A Underlying S (Instr. 3 and 4	Securities
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amoun Number Shares
Stock Warrants, right to buy <u>(2)</u>	\$ 0.1	03/30/2005		D	250,000	03/05/2003	03/04/2008	Common Stock	250,0

Reporting Owners

Reporting Owner Name / Address	Relationships				
	Director	10% Owner	Officer	Other	
TRULSVIK NILS N NESBRU NORWAY 1394	Х				
Signatures					
/s/: Liz Landles on behalf of N	ils Trulsv	ik appointed	under P	ower of Attorney dated	

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The price per share was NOK7.9948 which was equivalent to \$1.266 per share on 2005-03-31 therefore total proceeds were \$316,500
- (2) Warrants originally granted September 1, 2000 terms amended March 5, 2003 warrants exercisable immediately

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.