GARCEAU DENNIS C

Form 4

January 05, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB

OMB APPROVAL

Number:

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

30(h) of the Investment Company Act of 1940

1(b).

Common

Stock

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * GARCEAU DENNIS C			2. Issuer Name and Ticker or Trading Symbol ARCHER DANIELS MIDLAND CO [ADM]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) 4666 FARI				3. Date of Earliest Transaction (Month/Day/Year) 01/04/2006				Director 10% Owner X Officer (give title Other (specify below) Vice President		
DECATUR	4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
(City)						Person				
1.Title of Security (Instr. 3)		Transaction Date 2A. Deemed			Code (Instr. 3, 4 and 5)				6. 7. Nature of Ownership Indirect Form: Beneficial Direct (D) Ownership or Indirect (Instr. 4) (I) (Instr. 4)	
Common Stock	01/04/2006			Code V M	Amount 2,625	(D)	Price \$ 13.65	(Instr. 3 and 4) 124,190	D	
Common Stock	01/04/2006			M	846	A	\$ 15.73	125,036	D	
Common Stock	01/04/2006			S	3,471	D	\$ 26	121,565	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Employee

Benefit

Plan

44,070.8287

I

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 13.65	01/04/2006		M	2,625	<u>(1)</u>	10/14/2013	Common Stock	2,625
Employee Stock Option (right to buy)	\$ 15.73	01/04/2006		M	846	(2)	08/19/2014	Common Stock	846

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
GARCEAU DENNIS C							
4666 FARIES PARKWAY			Vice President				
DECATUR, IL 62526							

Signatures

Stuart E. Funderburg, Attorney-in-Fact for Dennis C.
Garceau
01/05/2006

**Signature of Reporting Person

Reporting Owners 2

Date

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The option becomes exercisable in approximately 11.1% increments annually commencing on October 14, 2004.
- (2) The option becomes exercisable in five approximately equal annual installments beginning on August 19, 2005.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.