CAPITAL ONE FINANCIAL CORP

Form 4 March 10, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

Check this box if no longer subject to

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005 Estimated average

0.5

OMB APPROVAL

Section 16. Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

burden hours per response...

5. Relationship of Reporting Person(s) to

Issuer

See Instruction

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

Symbol

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

FAIRBANK RICHARD D

CA			CAPITA [COF]	CAPITAL ONE FINANCIAL CORP				(Check all applicable)		
(Mo			(Month/D	3. Date of Earliest Transaction (Month/Day/Year) 03/08/2005				_X_ Director 10% Owner Some of the control of the contr		
(Street) 4. If Ame				nendment, Date Original onth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State)	(Zip)	Tabl	le I - Non-	Derivative	Secur	ities Acqu	iired, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	ar) Execution		3.	4. Securition(A) or Di (Instr. 3,	sposed 4 and : (A) or	equired d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect
Common Stock (1)	03/08/2005(2)			S	6,800	D	\$ 77.59	1,521,586	D	
Common Stock (1)	03/08/2005(2)			S	11,800	D	\$ 77.6	1,509,786	D	
Common Stock (1)	03/08/2005(2)	<u>.</u>		S	3,000	D	\$ 77.61	1,506,786	D	
Common Stock (1)	03/08/2005(2)	2		S	900	D	\$ 77.62	1,505,886	D	
Common Stock (1)	03/08/2005(2)			S	2,200	D	\$ 77.63	1,503,686	D	

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Common Stock (1)	03/08/2005(1)	S	1,000	D	\$ 77.64	1,502,686	D
Common Stock (1)	03/08/2005(2)	S	3,100	D	\$ 77.65	1,499,586	D
Common Stock (1)	03/08/2005(2)	S	700	D	\$ 77.68	1,498,886	D
Common Stock (1)	03/08/2005(2)	S	5,500	D	\$ 77.7	1,493,386	D
Common Stock (1)	03/08/2005(2)	S	3,300	D	\$ 77.71	1,490,086	D
Common Stock (1)	03/08/2005(2)	S	3,500	D	\$ 77.72	1,486,586	D
Common Stock (1)	03/08/2005(2)	S	9,100	D	\$ 77.73	1,477,486	D
Common Stock (1)	03/08/2005(2)	S	9,000	D	\$ 77.75	1,468,486	D
Common Stock (1)	03/08/2005(2)	S	10,200	D	\$ 77.76	1,458,286	D
Common Stock (1)	03/08/2005(2)	S	700	D	\$ 77.78	1,457,586	D
Common Stock (1)	03/08/2005(2)	S	3,100	D	\$ 77.8	1,454,486	D
Common Stock (1)	03/08/2005(2)	S	1,400	D	\$ 77.81	1,453,086	D
Common Stock (1)	03/08/2005(2)	S	1,800	D	\$ 77.85	1,451,286	D
Common Stock (1)	03/08/2005(2)	S	10,000	D	\$ 77.89	1,441,286	D
Common Stock (1)	03/08/2005(2)	S	20,000	D	\$ 78	1,421,286	D
Common Stock (1)	03/08/2005(2)	S	8,500	D	\$ 78.2	1,412,786	D
Common Stock (1)	03/08/2005(2)	S	1,500	D	\$ 78.23	1,411,286	D
Common Stock (1)	03/08/2005(2)	S	3,900	D	\$ 78.25	1,407,386	D
Common Stock (1)	03/08/2005(2)	S	100	D	\$ 78.3	1,407,286	D
Common Stock (1)	03/08/2005(2)	S	900	D	\$ 77.84	1,406,386	D
						107,502	I

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Common By Stock Fairbank Morris Inc.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (Instr. 8)	5. conNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Securi (Instr.	nt of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owno Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Keiauonsnips							
	Director	10% Owner	Officer	Other				
FAIRBANK RICHARD D 1680 CAPITAL ONE DRIVE MCLEAN, VA 22102	X		Chairman, CEO and President					

Signatures

By: Jean K. Traub (POA 03/10/2005 on File)

**Signature of Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- This transaction was executed pursuant to a trading plan entered into by the Reporting Person on November 12, 2004 in accordance with (1) Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.

(2)

Reporting Owners 3

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Due to SEC rules limiting the number of non-derivative transactions that can be reported on a single Form 4, this Form 4 is a continuation of the Form 4 filed for the same date listed above.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.