CAPITAL ONE FINANCIAL CORP

Form 4

February 17, 2017

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

3235-0287

0.5

Check this box if no longer

subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005 Estimated average

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Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

Stock

Stock

Stock

Stock

Common

Common

Common

02/15/2017

02/15/2017

02/15/2017

(Print or Type Responses)

(11IIIt Of Ty	pe Responses)									
Alexander Robert M. Symbol			Symbol CAPITAL	PITAL ONE FINANCIAL CORP				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Mo			3. Date of Earliest Transaction (Month/Day/Year) 02/15/2017					Director X_ Officer (give below) Chief I		% Owner ner (specify
	(Street)		4. If Amendr Filed(Month/I		Č	ıl		6. Individual or J Applicable Line) _X_ Form filed by	One Reporting P	erson
MCLEAN, VA 22102								Form filed by More than One Reporting Person		
(City)	(State)	(Zip)	Table I	- Non-D	erivative	Secui	rities Acq	uired, Disposed o	of, or Beneficia	ally Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deeme Execution I any (Month/Day	Date, if Tr Co y/Year) (Ir	ransaction ode nstr. 8)	4. Securit r(A) or Di (Instr. 3,	spose 4 and (A) or	d of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Commor Stock	02/15/2017			ode V M	Amount 3,607	(D)	Price \$ 0 (1)	111,497	D	
Commor	02/15/2017		N	M	3,334	A	\$ 0 (1)	114,831	D	

M

M

D

2,894

9,729

3,607

A

Α

D

\$ 0 (1) 117,725

\$ 0 (2) 127,454

123,847

88.31

(1)

D

D

D

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Common Stock	02/15/2017	D	3,334	D	\$ 88.31 (1)	120,513	D	
Common Stock	02/15/2017	D	2,894	D	\$ 88.31 (1)	117,619	D	
Common Stock	02/15/2017	D	9,729	D	\$ 88.31 (2)	107,890	D	
Common Stock	02/15/2017	F(3)	1,374	D	\$ 90.93	106,516	D	
Common Stock	02/15/2017	F(4)	1,365	D	\$ 90.93	105,151	D	
Common Stock	02/15/2017	F(5)	2,260	D	\$ 90.93	102,891	D	
Common Stock						2	I	Robert M. Alexander UGMA
Common Stock						100	I	The Alexander Fund

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

				• '					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Securit (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Shar
2014 Restricted Stock	\$ 0 (1)	02/15/2017		M	3,607	<u>(6)</u>	<u>(6)</u>	Common Stock	3,6

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Units								
2015 Restricted Stock Units	\$ 0 (1)	02/15/2017	M	3,334	<u>(7)</u>	<u>(7)</u>	Common Stock	3,3
2016 Restricted Stock Units	\$ 0 (1)	02/15/2017	M	2,894	(8)	(8)	Common Stock	2,8
Restricted Stock Units	\$ 0 (2)	02/15/2017	M	9,729 02	2/15/2017 <u>(2)</u>	02/15/2017(2)	Common Stock	9,7

Reporting Owners

Reporting Owner Name / Address			Relationships	
. 0	Director	10% Owner	Officer	Other

Alexander Robert M. 1680 CAPITAL ONE DRIVE MCLEAN, VA 22102

Chief Information Officer

Signatures

Cleo Belmonte (POA on file) 02/17/2017

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On February 15, 2017 the restricted stock units were settled in cash based on the Company's average fair market value of shares of common stock over the fifteen trading days preceding the vesting date.
- (2) Each restricted stock unit vested on January 1, 2017 and settled in cash on February 15, 2017 based on the Company's average fair market value of the underlying shares of common stock over the fifteen trading days preceding the settlement date.
- (3) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on January 30, 2014. This is authorized in the applicable restricted stock award agreement.
- (4) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on January 29, 2015. This is authorized in the applicable restricted stock award agreement.
- (5) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on February 4, 2016. This is authorized in the applicable restricted stock award agreement.
- (6) These restricted stock units vest in 1/3 increments beginning on February 15, 2015 and annually thereafter.
- (7) These restricted stock units vest in 1/3 increments beginning on February 15, 2016 and annually thereafter.
- (8) These restricted stock units vest in 1/3 increments beginning on February 15, 2017 and annually thereafter.

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