CAPITAL ONE FINANCIAL CORP

Form 4

February 17, 2017

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

0.5

OMB APPROVAL

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

Symbol

burden hours per response...

5. Relationship of Reporting Person(s) to

Issuer

Estimated average

1(b).

(Print or Type Responses)

Wassmer Michael J

1. Name and Address of Reporting Person *

			CAPITA [COF]	CAPITAL ONE FINANCIAL CORP [COF]				(Check all applicable)				
(Last)	(First)	(Middle)		3. Date of Earliest Transaction				Director 10% Owner X_ Officer (give title Other (specify				
1680 CAPITAL ONE DRIVE				(Month/Day/Year) 02/15/2017				below) President, U.S. Card				
	(Street)			4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check			
MCLEAN,	Filed(Mo	Filed(Month/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(State)	(Zip)	Tabl	le I - Non-D	erivative	Secur	rities Acq	uired, Disposed o	f, or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction I (Month/Day/Ye	ear) Execu	eemed tion Date, if h/Day/Year)	3. Transaction Code (Instr. 8)	(Instr. 3,	ispose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Common Stock	02/15/2017			M	2,000	A	\$ 0 (1)	87,181	D			
Common Stock	02/15/2017			M	2,318	A	\$ 0 (1)	89,499	D			
Common Stock	02/15/2017			M	2,732	A	\$ 0 (1)	92,231	D			
Common Stock	02/15/2017			M	7,062	A	\$ 0 (2)	99,293	D			
Common Stock	02/15/2017			D	2,000	D	\$ 88.31 (1)	97,293	D			

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Common Stock	02/15/2017	D	2,318	D	\$ 88.31 (1)	94,975	D	
Common Stock	02/15/2017	D	2,732	D	\$ 88.31 (1)	92,243	D	
Common Stock	02/15/2017	D	7,062	D	\$ 88.31 (2)	85,181	D	
Common Stock	02/15/2017	F(3)	1,180	D	\$ 90.93	84,001	D	
Common Stock	02/15/2017	F(4)	1,502	D	\$ 90.93	82,499	D	
Common Stock	02/15/2017	F(5)	2,743	D	\$ 90.93	79,756	D	
Common Stock						15	I	By Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		f Derivative Date ecurities (Month/Day/Year) Acquired A) or Disposed of D) Instr. 3, 4,		7. Title and Amour Underlying Securit (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo or Num of Shar
2014 Restricted Stock Units	\$ 0 (1)	02/15/2017		M	2	2,000	<u>(6)</u>	<u>(6)</u>	Common Stock	2,0
2015 Restricted Stock	\$ 0 (1)	02/15/2017		M	2	2,318	<u>(7)</u>	<u>(7)</u>	Common Stock	2,3

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Units								
2016 Restricted Stock Units	\$ 0 (1)	02/15/2017	М	2,732	(8)	(8)	Common Stock	2,7
Restricted Stock Units	\$ 0 (2)	02/15/2017	М	7,062	02/15/2017(2)	02/15/2017(2)	Common Stock	7,0

Reporting Owners

Reporting Owner Name / Address	Relationships							
FB	Director	10% Owner	Officer	Other				
Wassmer Michael J 1680 CAPITAL ONE DRIVE MCLEAN, VA 22102			President, U.S. Card					

Date

Signatures

**Signature of Reporting Person

Cleo Belmonte (POA on file) 02/17/2017

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On February 15, 2017 the restricted stock units were settled in cash based on the Company's average fair market value of shares of common stock over the fifteen trading days preceding the vesting date.
- (2) Each restricted stock unit vested on January 1, 2017 and settled in cash on February 15, 2017 based on the Company's average fair market value of the underlying shares of common stock over the fifteen trading days preceding the settlement date.
- (3) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on January 30, 2014. This is authorized in the applicable restricted stock award agreement.
- (4) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on January 29, 2015. This is authorized in the applicable restricted stock award agreement.
- (5) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on February 4, 2016. This is authorized in the applicable restricted stock award agreement.
- (6) These restricted stock units vest in 1/3 increments beginning on February 15, 2015 and annually thereafter.
- (7) These restricted stock units vest in 1/3 increments beginning on February 15, 2016 and annually thereafter.
- (8) These restricted stock units vest in 1/3 increments beginning on February 15, 2017 and annually thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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